

Early STEPS Workshops

Parent & Caregiver Education

(Workshops available in English and Spanish)

Challenging Behaviors: Tools to better understand and respond to behavior concerns.

Clarifying Your Child's Diagnosis: Guidance and support after receiving a diagnosis.

Developmentally Appropriate Activities: Play-based strategies families can use at home.

Developmental Milestones: How children grow, learn, communicate, and play.

Understanding Child Development: Overview of cognitive, physical, emotional, and social development.

Families First: Interactive gatherings for parents and caregivers.

How to Advocate for Your Child's Needs: Understanding IEP/IFSP processes and advocacy tools.

Preparing for the Individualized Educational Program (IEP): Prepare, understand your rights, and monitor progress after.

Navigating Regional Center: Overview of services and eligibility.

Spot the Difference - Mental Health or Developmental Delay or both: Recognizing signs of emotional or developmental concerns.

Scan to Learn More:



Visit: <https://www.foothillfamily.org/early-steps/>

Email: earlysteps@foothillfamily.org

Professional Development for Direct Service Providers

Ages & Stages Questionnaire (ASQ-3 & ASQ-SE): Interactive training covering screening purpose, administration, scoring, results interpretation, and next steps.

Challenging Behaviors (Provider Focus): Practical strategies for prevention and response in early learning and service settings.

Developmentally Appropriate Practice: Applying play-based, developmentally informed approaches in professional settings.

Developmental Milestones & Screening: Recognizing typical and atypical development and when to refer.

Understanding Child Development: Overview of cognitive, physical, emotional, and social development.

Navigating Regional Center: Overview of services and eligibility.

Spot the Difference - Mental Health or Developmental Delay or both: Recognizing signs of emotional or developmental concerns.

Foothill Family 0–5 Programs Overview: Understanding available services to strengthen referrals and partnerships.

0–5 Clinical Trainings: Professional development for individuals serving infants, toddlers, and caregivers.

Topics include:

- ICARE assessment and clinical evaluation
- Dyadic and relationship-based interventions
- Ethics, boundaries, and safety
- Mandated reporting and risk assessment
- Trauma-informed care
- Reflective practice and professional wellness